



Zumba is an instructor-led fitness exercise conducted to Latin American dance music



## Zumba in Exeter Gymnastics Club

(For mothers after they drop off their kids and everyone else!)

**Combine your fun with Family Gym**

**Friday, 15:05-15:55, Exeter Gymnastics Club, Dance Studio**  
**(Proposed starting date: 24<sup>th</sup> of February 2012)**

**Also Monday: 19:30-20:30, Clyst St George Parish Hall**

**Thursday, 19:00-20:00, Lypstone Youth Centre,**

£4 per class. Concession: purchase 10 classes for £35

**To Secure your place**, please contact your **Licensed** Zumba

Instructor: Chow Rees



07932 968090



[giaorees@yahoo.co.uk](mailto:giaorees@yahoo.co.uk)



Zumba Chow